

When people look for ways to reduce their electricity bills, some people use special energy-saving light bulbs, while others only use washing machines during the night when electricity is cheaper. There are other options, too. Some people decide to install solar panels on their houses.

Solar panels help people to produce their own electricity. Because of this, people might be able to considerably reduce their electricity bills. Furthermore, using solar panels helps to limit the use of non-renewable energy sources like oil and gas, so they are much better for the planet.

However, solar panels can be very expensive to buy and install, so only a few people can afford to purchase them. Additionally, they rely on sunlight to produce power. As a result, they might not produce enough when the sun does not shine a lot, such as during long periods of cloudy or rainy weather. (英検2級 7日間完成予想問題より)

STEP 1: 大切なポイントが書かれているところに下線を引きましょう。

STEP 2: 大切なところを英文でつないで書きましょう。

STEP 3: 別の単語で言えるところは少しだけ、変えてみましょう。例) reduce → decrease

When people look for ways to reduce the electricity bills, some people use special energy saving light bulbs, while others only use washing machines during the night when electricity is cheaper. Using solar panels helps to limit the use of non-renewable energy sources like oil and gas, so they are much better for the planet. Solar panels can be very expensive to buy and install, so only a few people can afford to purchase them.

ライティングの宿題 (大学生が1年間留学することについて)

問題 In some Japanese university programs, students must study abroad for one year. Do you think the number of such programs will increase in the future?
(7日間完成問題集より)

POINT:

Cost

Work

Communication(または communicate)

エッセイの形

I agree(または disagree) that ~. I have two reasons. First, ~. For example, ~. Second, ~. For example, ~. For these reasons, I believe that ~.

Homework: エッセイの形で英語で書いてみましょう。↓

I (agree) that more students will study abroad for one year. I have two reasons.

First, people who study abroad can communicate with other people at the country. For example, american people study abroad and went to Japan, and that people and Japan people get friends.

Second, it have a lot of cost. Because, it can communicate and make friends and learn a lot of different countries that students go study abroad. For these reasons, I agree that more students will study abroad for one year.

英語の復習問題

Exercise 1: 下記の左と右にある英語表現で同じような意味のものをつなぎましょう。

- | | | | |
|----------------|---|---|-------------|
| 1. therefore | ● | ● | impact |
| 2. illness | ● | ● | furthermore |
| 3. issue | ● | ● | so |
| 4. in addition | ● | ● | aid |
| 5. difficult | ● | ● | sickness |
| 6. help | ● | ● | problem |
| 7. effect | ● | ● | hard |

Exercise 2: 下記の日本語を英語で書きましょう。

1. それはお金がたくさんかかる。(cost を使って)

It cost a lot of money.

2. もし学生たちが留学をすれば、将来よい仕事を得られる。(留学する = study abroad)

If students study abroad, they can effect good jobs.

3. 学生たちは英語でコミュニケーションが取れる。(communicate in English を使って)

Students can have communicate in English.

Exercise 3. 関係代名詞 (主格の who と which)

2つの文を who または which を使ってつなぎましょう。

1. The man is standing over there. He is my father.

The man is standing over there who is my father.

2. The woman is wearing a hat. She is my sister.

The woman wearing a hat who is my sister.

3. The dog is sleeping on the floor. It is Pochi.

The dog sleeping on the floor which is Pochi.

4. The bag is under the table. It is mine.

The bag is under the table which is mine.

Pineapple Power: Discover the Amazing Health Benefits!

Pineapple is a popular fruit, but not many people know about its health benefits. This fruit is not only sweet and sticky, but it is also said to help with digestion, because it contains a substance called bromelain. Bromelain can break down proteins, making it easier for your stomach to **digest** food. In addition, scientists have found that the substance can also benefit people who are suffering from sore throat and colds by reducing the pain in the body.

Recent studies have shown that pineapple may be used to treat difficult-to-cure illnesses such as cancer and hay fever. Although it is not confirmed yet, researchers are hopeful about these potential benefits. Bromelain, found in pineapple, is being studied for its abilities to reduce the growth of cancer cells and make allergy symptoms better. Eating pineapple can be both enjoyable and beneficial for your health.

1. What is one benefit of eating pineapples?

- a) They are only sweet and sticky.
- b) They can aid digestion.
- c) They are hard to digest.
- d) They are only popular in some regions.

digest = food in the
stomach
(しょうか)

2. Which of the following is NOT true about pineapples?

- a) They contain a substance called bromelain.
- b) They are confirmed to cure cancer and hay fever.
- c) They may help with sore throats and colds.
- d) They are said to aid digestion.

Should You Rest or Move After Knee Surgery?

It is often believed that resting is important for people who have just had surgery. Some people think that it is better not to return to school or work **immediately** after surgery. However, doctors say that people who have undergone knee surgery should not rest for a long time. Knees are involved in movement, so not moving them can have negative effects. (___1___), doctors recommend starting to move the knee gradually.

Doctors warn that keeping the knee still can cause problems, even if it seems to help in the short term. (___2___) the pain, it is important to start moving the knee slowly. This gradual movement can lead to a quicker recovery in the long run. Patients are encouraged to follow their doctors' advice and start light activities as soon as possible.

1. (___1___)

- A. In addition
- B. For example
- C. Therefore
- D. However

immediately : at once

2. (___2___)

- A. Despite
- B. Due to
- C. Instead of
- D. Because of